

# MERCHANT TAYLORS' PREP SCHOOL LUNCH MENU



MONDAY 29<sup>TH</sup> APRIL – FRIDAY 3<sup>RD</sup> MAY 2024

MONDAY	STICKY CHICKEN	STICKY QUORN FILLET (V) ROASTED VEGGIES (VE)	RICE & CAULIFLOWER	SALAD BAR JACKET POTATO FILLED ROLLS	FRESH FRUIT YOGHURTS JELLY & CREAM	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
TUESDAY	LAMB BURGER	VEGGIE BURGER (V&VE)	BUNS & ONIONS & CHEESE SLICES & GHERKINS & SAUTÉ POTATOES	SALAD BAR JACKET POTATO	FRESH FRUIT YOGHURTS ORANGE CAKE	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
WEDNESDAY	CHICKEN SAUSAGE	VEGGIE SAUSAGE (V&VE)	CARROTS & PASTA	SALAD BAR JACKET POTATO FILLED WRAPS	FRESH FRUIT YOGHURTS MILLIONAIRES SHORTBREAD	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
THURSDAY	LAMB KOFTA	SWEET POTATO & BEAN KOFTA (V&VE)	PITTA BREAD & BROCCOLI & RICE	SALAD BAR JACKET POTATO	FRESH FRUIT YOGHURTS ICE CREAM	CHEESE BREAD & BUTTER HOMEMADE BISCUITS
FRIDAY	BAKED COD FISH FINGERS BATTERED COD	VEGGIE SAMOSA (V&VE)	CHIPS & BEANS & PEAS	SALAD BAR JACKET POTATO FILLED ROLLS	FRESH FRUIT YOGHURTS CHOCOLATE CRISPY CAKE	CHEESE BREAD & BUTTER HOMEMADE BISCUITS

**SALAD BAR** - EACH DAY AT LEAST 10 DIFFERENT FOODS ARE AVAILABLE I.E. CUCUMBER, TOMATO, LETTUCE, BEETROOT, COLESLAW, CELERY, PEPPERS, CARROT, RADISHES, CRESS, CHEDDAR CHEESE, TUNA, HARD BOILED EGGS, POTATO SALAD, PASTA SALAD, COLD MEATS, VEGGIE QUICHE, COTTAGE CHEESE, CORONATION QUICHE, CORONATION CHICKEN

**FRESH FRUIT** - EACH DAY AT LEAST 5 DIFFERENT FRESH FRUITS ARE AVAILABLE E.G. ORANGES, APPLES, BANANAS, GRAPES, WATERMELON, HONEYDEW MELON, STRAWBERRIES, PEARS, PINEAPPLE, PEACHES, NECTARINES, PLUMS